

## Fibroblast Plasma Pen - Pre Treatment Form

Prior to obtaining a Plasma Fibroblast Skin Treatment, we highly recommend following this pre-treatment form in order to avoid any possible complications or unwanted side effects.

- **Be in Good Health.** In order for your body to be at its most optimal healing stage, the client should be in good health and avoid doing any PP treatments if they are sick (Cold, Flu, etc.), or undergoing any medical procedures (Surgery, etc.), or if they suffer from any uncontrolled illness (Diabetes, Cancer, etc.).
- **Darker Skin Types.** This treatment works best on skin types 1-3 (Very Light to Medium toned skin). If the client is a 4 or 5 skin type (medium to dark), a patch test may be necessary to ensure that the client heals well and does not keloid or hypo/hyperpigment. This treatment is NOT recommended for skin type 6 (Dark Skin) clients because of the risk of keloiding and hypopigmentation.
- **Botox.** Botox should be injected at least two weeks prior to a PP treatment, and 4-6 weeks after a PP treatment, It takes 2 weeks for the Botox to be full strength, and to see optimal results, and it takes the skin 4-6 weeks to heal properly after a PP treatment, thus it is best to avoid Botox treatments between these times.
- **Avoid the Sun.** Clients should avoid the sun as much as possible in general, however, definitely 2 weeks prior and 4-6 weeks after a PP treatment. We highly recommend no active tanning (tanning beds, beach, vacation in hot climates, etc.). We highly recommend using sunscreen on a daily basis to avoid UV rays which burn the skin and cause rapid aging.
- **Cold Sores.** If the client suffers from Herpes or Cold Sores, they should start their viral medications at least 1 week prior to having a PP treatment.
- **Accutane.** You should not use Accutane for 6-12 months before your treatment.
- **Lidocaine.** Client should not be allergic to numbing creams, especially -caines (Lidocaine, Tetracaine, Xylocaine, etc.). This numbing is used to numb the treatment areas(s).

### Starting two weeks before your scheduled treatment, you should:

- Stop use of all Retinols. This includes Retin A, Tazorac, “antiaging” products
- Stop use of all glycolic or salicylic acid treatments in the areas(s) being treated by PP
- Stop waxing in the area(s) being treated by PP
- Stop any abrasive scrubs in the area(s) being treated by PP
- Stop microdermabrasion treatments in the area(s) being treated by PP

Other contraindications for this treatment are as follows:

- No Metal implants
- No pacemakers
- Uncontrolled Heart Conditions
- Blood thinning medications (can cause excessive bruising and effect final results)
- Have immunodeficiency or auto immune disease (may cause issues with your ability to heal)
- Prone to Keloid Scarring (this could affect your ability to heal properly, and cause scarring)
- History of hyperpigmentation when having treatments
- If you scar or bruise easily (this may affect your ability to heal properly and effect the final results)
- If you are sunburned or suntanned (Please wait until skin is healed or color has worn off)
- If you plan on going into hot sun 2 weeks prior or 2-6 weeks after treatment (Chance of Hyperpigmentation and discoloring the skin after treatment).

If you have any questions or concerns regarding possible contraindications for this treatment that are not listed, please contact us directly so that we can further advise you.